26 La Norma via Les Tufs

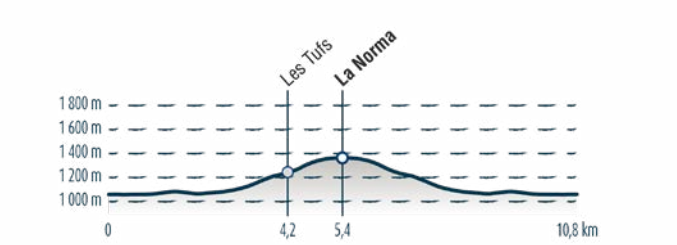
10 km | 310 m | 2 h 30 | 1,363 m / 1,058 m

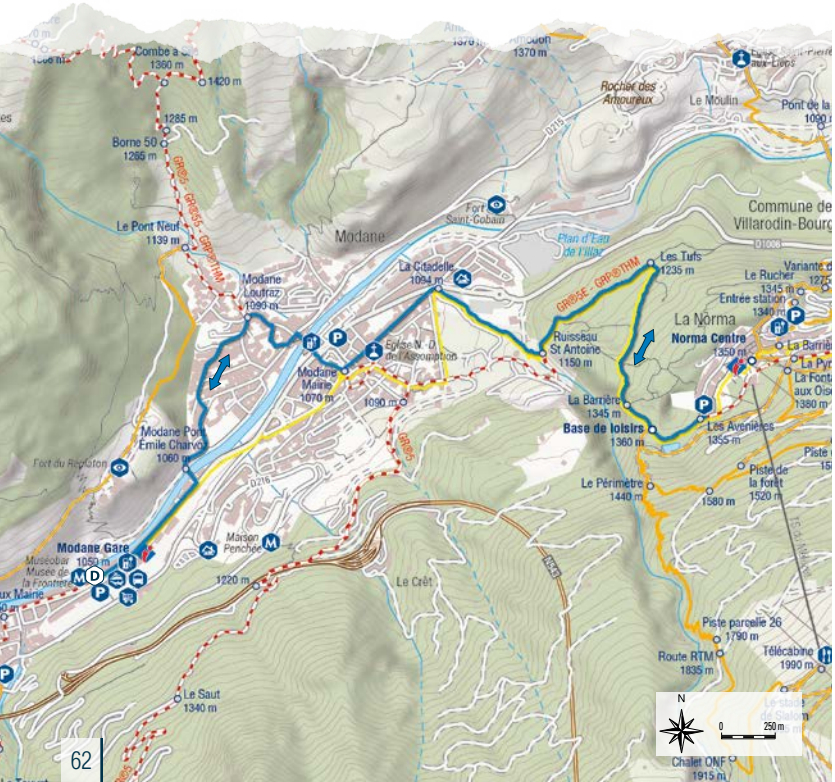
Access to start point

Modane, Station.

Parking nearby.

Scan and follow the route with your favourite app





It looks like southern Europe... at the gates of Modane

Looking for a walk that'll take you from the town centre uphill to get a bit of height? Here's a breath southern Europe at the gates of Modane! A well-deserved reward awaits you when you get to your destination. A break to cool off, a picnic, and even... a dip if you feel like!

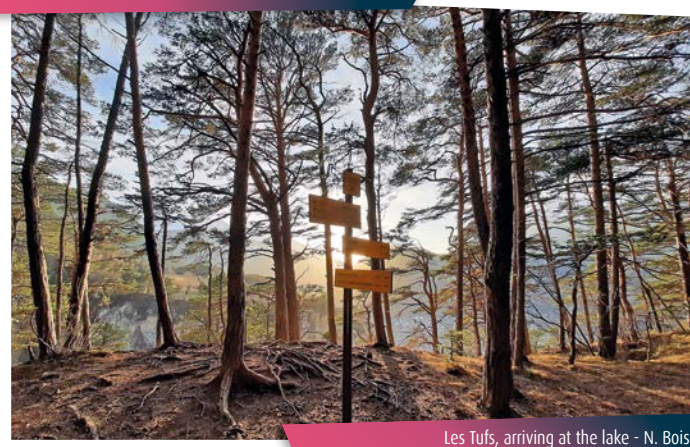
Along the way

How wonderful it is to be able to walk so peacefully through the streets of Modane to the Chemin du Petit Bonheur trail, cherished by the locals!

No, you're not dreaming, you really are on one of the oldest trails in Haute Maurienne Vanoise. This trail is a real celebrity: it's even been assigned its own status.

You take a few enjoyable breaks, as intriguing oratories of the Notre-Dame du Charmaix pilgrimage plunge you into the past. How old is the Church of Modane, built with gray stones from La Praz? Surviving through the ages, it's seen its fair share of action! The bell tower proudly withstood the bombing of 1943. Can you find a sign of this on one of the stones on its north face?

After delving deep into history, wander through pine forests and heather at your leisure, soaking in the scents of resin and forest humus as you follow the tumultuous Saint-Antoine torrent that'll accompany you all the way to La Norma. What a luxury to be able to enjoy a refreshing nap in the wellness bubble of the Avenières water basin; a real "petit bonheur" (little pleasure)!



Les Tufs, arriving at the lake - N. Bois